

Some rights may be limited

Because you are a kid, you have a parent or guardian.

Sometimes you will have to get your parent or guardian's permission for things.

You have the right to talk to your parent or guardian at any reasonable time.

Your parent or legal guardian must be notified any time your rights are limited.

If your rights have been limited and you have questions about these limitations, please contact Disability Rights NC.

You have the right to be free from unnecessary restraint and seclusion.

At Disability Rights North Carolina, it is our job to help you know your rights and to help you protect them.



What is Disability Rights North Carolina?

We are the protection and advocacy organization for North Carolina.

We protect the rights of people with disabilities.

We can help if someone is trying to take away your rights.

Reach us toll free at: 877-235-4210

Se habla español

DISABILITY RIGHTS
NORTH CAROLINA

Champions for Equality and Justice



3724 National Drive, Suite 100
Raleigh, North Carolina 27612
Phone: 919-856-2195 voice
877-235-4210 voice
888-268-5535 TTY
Fax: 919-856-2244
Web: www.disabilityrightsn.org

Disability Rights North Carolina is a federally mandated protection and advocacy system with funding from the U.S. Department of Health and Human Services, the U.S. Department of Education, and the Social Security Administration.

DISABILITY RIGHTS
NORTH CAROLINA

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North Carolina's Protection and Advocacy System

Kids with disabilities have rights, too.



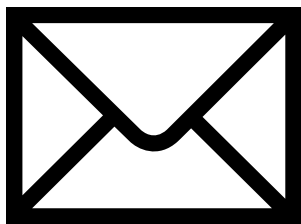
Do you know your rights?

Disability Rights NC can help if you have questions about your rights.

Reach us toll free at: 877-235-4210

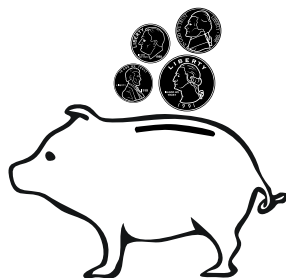
You have the right to:

Send and receive mail



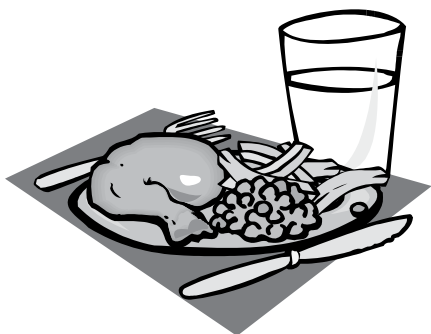
You have the right to:

Have access to and spend a reasonable amount of money



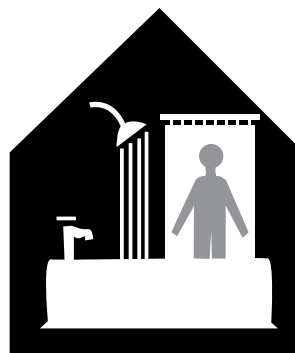
You have the right to:

Be free from abuse

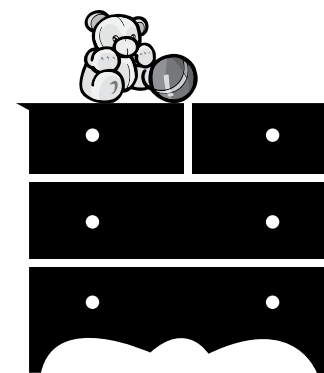


Eat healthy food

Have privacy



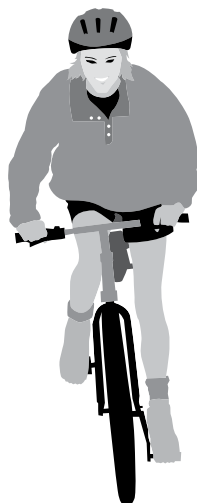
Wear your own clothes and have your own belongings



Use the telephone



Go outside



Worship



Have visitors



Receive an education



Receive treatment and services

